

# CROWN STREET SURGERY



[www.crownstreetsurgery.nhs.uk](http://www.crownstreetsurgery.nhs.uk)

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## HELP US RAISE AWARENESS OF THE SYMPTOMS OF BOWEL CANCER

On 30<sup>th</sup> January 2012 the Department of Health launched a national campaign to raise public awareness of the symptoms of bowel cancer. Cancer is the second biggest killer in England, after heart disease, and late diagnosis is one of the major reasons for the poor survival outcomes in the UK. One of the early signs of bowel cancer is blood in your poo or loser poo that has been on going for 3 weeks or more. Detecting symptoms early makes the disease more treatable and could save your life. If you have symptoms speak to one of the doctors at the surgery either by appointment or on the telephone.

### ADDITIONAL SERVICES AT CROWN STREET

We'd like to make patients aware of all of the additional services available at Crown Street;

- **Health trainer** – Kimberly comes into the surgery every Friday morning. She offers healthy living advice. If you would like to make an appointment with her please speak to reception.
- **Alcohol Nurse** -Tshengi comes into the surgery on a Thursday morning to offer help and advice to patients with alcohol problems.
- **Elderly care Nurse** - Sonia holds clinics offering help and advice to our elderly patients, she also visits patients in the community.
- **Minor Surgery** - Dr Sarah Bull holds a minor surgery clinic monthly in which she performs minor operations so that Crown Street patients and those from other surgeries do not need to be referred to the hospital.
- **Baby Clinic** – Immunisation clinic held by Nurse Fiona every Monday afternoon between 1-4pm.
- **INR/ Warfarin clinic** - Fiona & Liz run these clinics for our patients taking Warfarin. Patient from other surgeries are also referred to us for INR monitoring.
- **Sexual Health & Contraception advice** - Nurse Helen has now completed her sexual health & contraception training and can offer advice on sexual health & most contraceptives.



### PRACTICE TEAM

- Alicia left the reception team last month after spending 3 years at the Practice; she has asked that we pass on her warmest regards and best wishes to the patients.
- Jaicy is now back from maternity leave after the birth of her baby boy; now a year old. Jaicy has returned to some of her previous admin roles as well as taking on some reception shifts.
- Congratulations to Susan who is currently on maternity leave following the birth of her baby boy this January.
- Congratulations to receptionist Clare who has won a place to study medicine at Oxford University; she will be leaving the team when term starts in September.
- Finally, we welcome back Filipa, who previously worked for us for two years, leaving in 2006 to return to Portugal. Filipa re-joins the admin team.

### DOCTOR NEWS

Congratulations to Dr Victoria Giles who has been offered a Partnership at another London practice and will be leaving us at the end of this month. Dr Giles completed her GP training with Crown Street last summer and has been working here two days per week throughout the busy winter months. She will be greatly missed by the staff and patients.

### COUGHS & COLDS

Often symptoms of coughs & colds do not need the attention of a doctor. If you feel that your cough or cold needs medical attention we strongly advise that you contact your pharmacy or NHS direct on 0845 4647 before contacting the surgery.

Pharmacists are trained to treat symptoms of minor illnesses and to recognise when to refer patients back to the GP. This allows the doctor's time to be used more appropriately. Please note that antibiotics will not be prescribed for simple coughs & colds.

If you do contact the surgery with cough/ cold symptoms reception will ask that you have spoken either to the pharmacy or to NHS direct before speaking to a GP at the surgery.

